

**EXAMPLES OF NUTRITION FACTS
Based on Package Size**

Smaller Packages (less than 40 square inches)

Packages with less than 40 square inches may use a shortened Daily Values footnote, whereas large packages require the full Daily Values chart

Nutrition Facts Label #5
Vertical layout using shortened Daily Values footnote

Nutrition Facts	
Serving Size 15 pieces (40g) Servings Per Container about 3	
Amount Per Serving	
Calories 220	Calories from Fat 120
% Daily Value*	
Total Fat 13g	20%
Saturated Fat 12g	60%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 10mg	0%
Total Carbohydrate 24g	8%
Dietary Fiber 2g	8%
Sugars 21g	
Protein 2g	
Vitamin A 0%	Vitamin C 0%
Calcium 2%	Iron 8%
*Percent Daily Values are based on a 2,000 calorie diet.	

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Nutrition Facts Label #6
Tabular (horizontal) layout using shortened Daily Values footnote

Nutrition Facts			
Serving Size 15 pieces (40g) Servings Per Container about 3		Amount / Serving	
Calories 220		Total Fat 13g	20%
Calories from Fat 120		Saturated Fat 12g	60%
*Percent Daily Values are based on a 2,000 calorie diet.		Trans Fat 0g	
		Cholesterol 0mg	0%
		Sodium 10mg	0%
		Vitamin A 0%	Vitamin C 0%
		Calcium 2%	Iron 8%
		Total Carbohydrate 24g	8%
		Dietary Fiber 2g	8%
		Sugars 21g	
		Protein 2g	

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- 1 Shortened Daily Values footnote
- 2 Approved abbreviations
- 3 Not a Significant Source statement

Smaller Packages - Additional Options (less than 40 square inches)

Other options to reduce space requirements for Nutrition Facts labels are to use approved abbreviations, the "Not a significant source" statement, or a linear layout

Nutrition Facts Label #7
Vertical layout with:
- approved abbreviations
- "Not a significant source"
- shortened DV footnote

Nutrition Facts	
Serv. Size 15 pcs (40g) Servings about 3	
Amount Per Serving	
Calories 220	Fat Cal. 120
%DV*	
Total Fat 13g	20%
Sat. Fat 12g	60%
Sodium 10mg	0%
Total Carb. 24g	8%
Fiber 2g	8%
Sugars 21g	
Protein 2g	
Calcium 2%	Iron 8%
Not a significant source of trans fat, cholest., vitamin A and vitamin C.	
*Percent Daily Values (DV) are based on a 2,000 calorie diet.	

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Nutrition Facts Label #8
Tabular (horizontal) layout with:
- approved abbreviations
- "Not a significant source"
- shortened DV footnote

Nutrition Facts		Amount / Serving	%DV*
Serv. Size 15 pcs (40g) Servings about 3		Total Fat 13g	20%
Calories 220		Sat. Fat 12g	60%
Fat Cal. 120		Sodium 10mg	0%
*Percent Daily Values (DV) are based on a 2,000 calorie diet.		Total Carb. 24g	8%
		Fiber 2g	8%
		Sugars 21g	
		Protein 2g	
		Calcium 2%	Iron 8%
		Not a significant source of trans fat, cholest., vitamin A and vitamin C.	

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- 1 Shortened Daily Values footnote
- 2 Approved abbreviations
- 3 Not a Significant Source statement

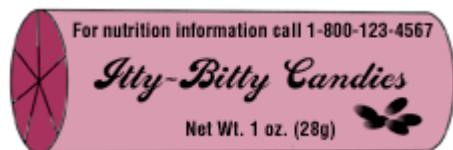
Nutrition Facts Label #9

If the smaller package will not accommodate either column display (vertical or horizontal) then a linear layout may be used

<p>Nutrition Facts Serv. Size 15 pcs (40g), Servings about 3, Amount Per Serving: Calories 220, Fat Cal. 120, Total Fat 13g (20% DV), Sat. Fat 12g (60% DV), Trans Fat 0g, Cholest. 0mg (0% DV), Sodium 10mg (0% DV), Total Carb. 24g (8% DV), Fiber 2g (8% DV), Sugars 21g, Protein 2g, Vitamin A (0% DV), Vitamin C (0% DV), Calcium (2% DV), Iron (8% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.</p>

Exemption for very small packages (less than 12 square inches)

Packages with less than 12 square inches can omit the nutrition facts label and include a telephone number or address for consumers to obtain nutrition information. This exemption is allowed ONLY for products whose labels or labeling does not include ANY nutrition information.



Note: Food Consulting Company can prepare or review your nutrition facts label with our **Nutrition Facts Label** service. You receive print-ready artwork for your designer to position directly onto your package.