

Thank you for your interest in Food Consulting Company.

Since 1993, we have provided nutrition analysis and food label guidance for small and medium-sized food manufacturers, distributors, co-packers, and importers. From nutrition analysis to nutrition facts labels to ingredient statements and allergen labeling, our goal is to make your job of complying with the FDA food label regulations easy.

- Our promise: accurate, timely service.
- Our guarantee: 100% FDA regulation compliance.

We look forward to serving you!

Best regards,



Karen C. Duester, MS, RD  
President

P.S. Look for the first issue of *Food Label News* – the e-newsletter providing you with updates and insights on government actions for food labels – on the first Friday next month. We are pleased to provide you with a complimentary subscription.

## COMPANY PROFILE

### Overview

Food Consulting Company, founded in 1993, delivers nutrition analysis and food label guidance to ensure FDA regulatory compliance for small and medium-sized food manufacturers, distributors, co-packers, and importers.

The company's mission is:

- To become your virtual food label department.
- To provide expert food label solutions that positions your products well with US and Canadian laws.
- To make your job of complying with FDA food label regulations easy.

### Services

**Food Label Development:** Nutrition Analysis (done via database), Nutrition Facts Panels, Ingredient Statements, Allergen Compliance, Product Naming and Label Claims, Label Layout Instructions, Final Artwork Approval

**FDA Regulatory Support:** FREE *Food Label News*, Annual Regulatory Support, One-time Regulatory Support, Final Label Review, Client File Review. Expert Opinion & Interface on Product Names and Package Claims, National Organic Program Labeling, Approval Status for Imported Ingredients, Additives and Colors

**Other Services:** Shelf Life Evaluations, Restaurant Nutrition/Allergen Guides, Diabetic Exchange Calculations, School Meal Pattern Equivalents, Recipe Analysis for Cookbooks, Magazines, Websites and Promotions, Training for Genesis R&D™ software by ESHA Research

### Management

Karen Duester, the company's President and Founder, is a Registered Dietitian with a Master's Degree in Human Nutrition. Karen brings over 20 years experience in the food and nutrition industries including expertise in food composition, nutrient analysis, and nutrition and regulatory services. Under Karen's leadership, the company purchased *Nutrients Now* in 1996 and *Nutrition Labeling Services* in 2000 making Food Consulting Company the largest contract provider of food labeling services with over 1,000 clients in the U.S. and abroad.

### Memberships & Affiliations

Institute of Food Technologists  
International Association of Culinary Professionals  
American Dietetic Association

### Contact

[info@foodlabels.com](mailto:info@foodlabels.com)


## PLACING ORDERS

Orders for food labeling services are placed online at [www.foodlabels.com/orders](http://www.foodlabels.com/orders).

### The process is easy.

- Step 1: Choose Service(s)
- Step 2: Choose Payment
- Step 3: Provide Product Info

### Important Information:

- Confidentiality of recipes and product information is assured. See our Privacy Policy at [www.foodlabels.com/privacy.htm](http://www.foodlabels.com/privacy.htm). We will gladly sign your confidentiality or non-disclosure statement upon request.
- Your order will be placed on a secure server. You will see the  icon at the bottom of each page once you enter the secure order area.
- We will provide order confirmation via email.
- Completed orders are usually returned within 10 business days. Priority and Overnight Services are available. See details at [www.foodlabels.com/orders](http://www.foodlabels.com/orders).
- Allow 3 to 4 weeks for shelf life evaluation services.
- Files are kept for 3 years following your last transaction.
- All orders must be prepaid. For your convenience, we accept:



### Providing Product Info:

When placing an order for Food Label Development services (Full Label Compliance, Nutrition Facts Panels, Ingredient/Allergen Statements), you will be asked to provide information about:

- your recipe formulation
- your process
- your packaging

The Product Worksheet included in this packet may be helpful to you when gathering your product information.

